



# NHS Cervical Screening Programme

## Cervical screening and Human Papillomavirus (HPV) testing

This leaflet tells you about HPV testing. This is a test carried out on the sample of cells we take during cervical screening. It makes no difference to what happens at your screening appointment.

Looking for HPV as the first test on screening samples is currently being introduced into the NHS Cervical Screening Programme. You may hear it being called 'HPV primary screening'. It helps us to more quickly identify who may need treatment, and who can simply be called back for screening in 3 or 5 years' time.

For more information about going for screening, please read our leaflet *NHS cervical screening: helping you decide*.

### Why have I been sent this leaflet?

You live in an area where HPV primary screening is being used in the NHS Cervical Screening Programme. This isn't happening everywhere in England yet.

### What is HPV?

HPV is a very common virus. Most women get it at some point in their lives. HPV can be easily passed on during sexual activity between partners. Some types of HPV can cause abnormal cells in the cervix. Our leaflet *NHS cervical screening – helping you decide* tells you more.

### HPV primary screening

Once your cervical screening sample is sent to the laboratory, it will first be tested for HPV. If HPV is found, your sample will also be looked at for abnormal cells. Looking for abnormal cells is called 'cytology'. If you don't have HPV, then it is extremely unlikely that you will have any abnormal cervical cells.

Testing for HPV first should benefit women because:

- more abnormal cervical cells will be picked up
- women without HPV can be reassured that they are at extremely low risk of developing cervical cancer (although we cannot say 'no risk')

### Are all women offered HPV primary screening?

Not yet. In places where it isn't used yet, screening samples will either:

- not be HPV tested; or
- be HPV tested only after the sample has been checked for abnormal cells (cytology)

In areas using HPV primary screening, you may get a questionnaire after your screening results. This is to find out what you think about the test and results. If you don't want to get the questionnaire you can ask for it not to be sent. Go to [www.ucl.ac.uk/hbrc-pips](http://www.ucl.ac.uk/hbrc-pips) for more information.



Read our cervical screening information leaflets at:

[www.gov.uk/government/collections/cervical-screening-information-leaflets](http://www.gov.uk/government/collections/cervical-screening-information-leaflets)

## Screening results

There are 3 main types of results from HPV primary screening:

### No HPV found (HPV negative)

If no HPV is found, then no further tests will be done. If you don't have HPV, it is highly unlikely that you will have any abnormal cervical cells. Even if you did, it would be extremely unlikely that they would cause a problem. You will simply be called back for screening again in 3 or 5 years' time (depending on your age).

### HPV found (HPV positive) but no abnormal cervical cells found

If HPV is found, the sample will also be tested for abnormal cervical cells. If none are found, your result will say you have HPV, but no abnormal cells.

You will be asked to come back for screening again in 12 months' time. This is so we can check that the HPV has been cleared by your immune system (this happens in most cases). If it hasn't cleared, you may be at greater risk of developing abnormal cervical cells.

### HPV found (HPV positive) and abnormal cervical cells found

There are several grades of abnormal cells. Your result letter will explain what your results mean. If you have HPV and any grade of abnormal cervical cells, then you will be referred for colposcopy.

Colposcopy is a closer examination of the cervix. It is carried out in a similar way to cervical screening. If you are invited for colposcopy, you will be sent our leaflet *NHS cervical screening – the colposcopy examination*.

It is also possible to have an 'inadequate' result. This may be due to a technical problem, such as if the laboratory cannot get a HPV test result from your sample, or cannot see if abnormal cells are present or not.

If you have an inadequate result, you may be asked to have cervical screening again in 3 months' time. We wait so that there are enough cells again to get a sample from.

### Can HPV be treated?

No, there isn't a treatment to get rid of the virus. For most women, their immune system will get rid of HPV – like getting rid of a common cold. But we can treat abnormal cervical cells, especially if they are found early on. Early treatment means that cervical cancer can be prevented.

### Where can I get more information?

If you would like more information about HPV primary screening, or anything else in this leaflet, you can:

- talk to the nurse at your GP practice
- read our leaflets at [www.gov.uk/government/collections/cervical-screening-information-leaflets](http://www.gov.uk/government/collections/cervical-screening-information-leaflets)

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More information about cervical screening:  
[www.nhs.uk/cervical](http://www.nhs.uk/cervical)

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